



Croce Rossa Italiana
Comitato di Cingoli

Topic: Activities in the local Committee of the Red Cross

Number of volunteers hosted at the same time: 4

Type of project: Long-term

Place: Cingoli, Italy

CROCE ROSSA ITALIANA - COMITATO LOCALE DI CINGOLI



Informative activities in schools

Informative event

Activities
with children

The Committee

The Italian Association of the Red Cross aims to provide health and social care both in times of peace and in times of conflict. The guarantee and guide of the actions of every volunteer and employee of the Red Cross are the **seven Fundamental Principles** of the International Movement of the Red Cross, which constitute its spirit and ethics: *Humanity, Impartiality, Neutrality, Independence, Volunteerism, Unity and Universality*.

In particular, the **Croce Rossa Italiana - Comitato di Cingoli** was born as a Group of the Volunteers of the Red Cross of Macerata in 1993 and then recognised as a separate Committee in 1998. **It can count now on the support of around 403 volunteers among the three main cities in the area: Cingoli, Apiro and Monte San Vicino.** As regards the youth area, the Committee can count on a group of 90 youngsters, who organise a lot of activities in the area, especially projects and campaigns regarding responsible drinking.



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Activities with the elderly and with people
with disability

Cooking at the Red Cross



Fundraising events



Send your **CV** and a **cover letter** related to the project you like (both in English) to candidatesvicolocorto.org we will let you know if we have any vacancy good for you!

Tasks of the volunteers

The volunteers are involved in the activities organized by the Local Committee of Cingoli, which is located within the area affected by the **earthquake between 2016 and 2017**. The volunteers **WILL NOT** be involved in emergency situations and **WILL NOT** deal with First Aid interventions.

The volunteers will contribute to the following services:

- Support the **Red Cross Youth Group**;
- Take part in **informative and awareness campaigns**;
- Organization of **events related to responsible drinking**;
- **Support to training courses** about First AID and road safety;
- Support to internal communication strategy of the Red Cross;
- **Informative activities** at school;
- Support the care of **elderly** and **people with disability**;
- Take part in informative activities about **health and proper nutrition**.
- Support to the Red Cross' staff during **motocross events**.

you can find us on social media! 



WHERE?

CINGOLI



Cingoli is a small town of around 10.100 inhabitants located at 630 meters above sea level, in the province of Macerata in the Marche region.

Cingoli is a **medieval town** and it is also **known as the "Balcony of Marche"** ("Il Balcone delle Marche") because of its *belvedere* (viewpoint) from which, on a clear day, the sight may encompass all of the Marche and further across the Adriatic Sea. In being a small town in the Marche hills, it offers **a lot of opportunities to enjoy nature, hiking and day trips.**

Very close to Cingoli, for example, there is a **lake** where there are bars and restaurants and where you can relax on the beaches.





THE SELECTION PROCESS

1. Send your **CV** and a **cover letter** related to the project to candidates@vicolocorto.org
2. Then you **will be contacted for a Skype interview**. There is no need of speaking good English, in case you can ask your sending organization to help you. **Don't worry, it will not be a job interview or an English test** but it will be an opportunity to know your personal motivation and expectation and to discuss about the project, the city and the opportunities.

THE PROFILE OF THE VOLUNTEERS

The volunteer's profile our organization is looking for is based on the following criteria:

- **Personal motivations.** We value the volunteers' interest in the programme proposed and the expectation towards this experience more than specific skills: everything you need to do your service will be learnt here!
- **English and Italian level.** Italian or English are not needed, of course, a survival level will be helpful to get by in everyday needs, especially because you will be probably in touch with people who don't generally speak foreign languages. This experience is also your opportunity to improve your communication skills!
- **Interest in working with people.** Working with people is essential to our work. We also value creative, proactive and self-motivated people.



MORE ABOUT THE SELECTION PROCESS

VICOLOCORTO is the Coordinating Organisation taking care of the practical, follow-up, support and training arrangements **during your volunteering project.**

On the other side, **you will participate as volunteer within a Hosting Organisation** who will be in charge of all the issues referring your volunteering activities (holidays, tasks, schedule, follow-up, support, etc...).

As a very quick view, **Vicolocorto has more than 10 years experiences in the field of Mobility projects and Volunteering** and we have been coordinating more than 200 host volunteering mobilities so far. It is very important for us that you enjoy this opportunity to live an immense and intense learning journey. **We really need to underline some important points and really need you to know and agree with all the logistical points to avoid any misunderstanding once here.**

CAROLINA, will take care of the selection process.

Nice to meet you!

I will be the one writing to you on candidates@vicolocorto.org and we will get to know each other during a Skype interview. I am waiting to know your motivation and I am ready to answer to all your question!





MORE INFO BEFORE LEAVING

ACCOMODATION

You have the opportunity to enjoy the volunteering life **in a flat with other volunteers**. Cleanliness is everyone's job. Volunteers are expected to reach an agreement on planning house cleaning. If you have problems finding an agreement, we help you and support you in finding a solution.

Sharing, we know, is not easy, it is even harder when you do not know the other people you are living with, who have decided as you, to start this experience. But **flexibility, understanding** and most of all **communication** are the keys for having a positive experience, even if everything won't be perfect!

The lodging of anyone outside our project (friends, family, etc ...) is not allowed.

ATTITUDE

You will spend most of the time with different people (target groups, professionals, local volunteers, etc...) who are anxious to know you, to show you who they are and what they can do, to teach you at different levels, to give you warmth and their confidence. **The impact that you can bring as a volunteer is greater than you can expect.** You need to receive but also to give back. **Participation, initiative, sense of responsibility and flexibility** are important and welcome. From both parts (Coordinating and Hosting organisations), we hope to make you feel comfortable, empowered and proactive.

All the persons involved in the project are always trying their best to reach your expectations, if you show the willingness to do so.